

Sale Grammar School

Week 6

	Monday	Tuesday	Wednesday	Thursday	Friday
Home Cooked Meals	Home-made Soup of the day & roll	Home-made Soup of the day & roll	Home-made Soup of the day & roll	Home-made Soup of the day & roll	Home-made Soup of the day & roll
	Bolognese / Veggie Bolognese & Spaghetti	Chicken Bhuna with rice or Naan bread	Roast Pork with Stuffing & Gravy	Chicken Joe's Wraps	Meat & Potato Pie
	Cheese & Vegetable Puffs	Vegetable & Bean Curry with rice or Naan bread	Wholemeal Breaded Salmon Fillet	Cheese Topped Tomato Pasta	Macaroni Cheese
	Meatballs In Tomato Sauce	Battered Fish Fillet			
Vegetables	Diced Mixed Vegetables Carrots	Baked Beans Peas	Cabbage Cauliflower Cheese	Sweetcorn Roasted Vegetable	Carrot & Swede Cabbage
Carbohydrates	New Potatoes Garlic Bread	Spicy Potato Wedges	Roast Potatoes New Potatoes	Garlic Bread	Mashed Potato
A selection of hot jacket potatoes, freshly made sandwiches and crisp salads with a choice of fillings daily					
Pasta Bar with a variety of Sauces & Pizza Slices Daily					
Chicken Joe's Wraps with a range of hot fillings on selected days					
A daily assortment of home baked cakes & biscuits, chilled yoghurts and an array of fresh fruit and healthy drinks					